

The transitional care program at Glencoe Regional Health Services (GRHS) is based on a highly successful model developed for 11 rural hospitals in the Mayo Clinic Health System by pulmonologist Mark Lindsay, MD. We built our program with support from Dr. Lindsay and other experts at Allevant Solutions, a joint venture of Mayo Clinic and Select Medical, one of the nation's largest providers of post-acute care.

#### **About GRHS**

Glencoe Regional Health Services offers you quality, convenience and personal care.

Our campus in Glencoe features an outpatient clinic, 25-bed critical access hospital with a Level IV trauma-certified emergency room, 110-bed skilled nursing facility and 40-unit independent senior apartment building. We also have outpatient clinics in Lester Prairie and Stewart.

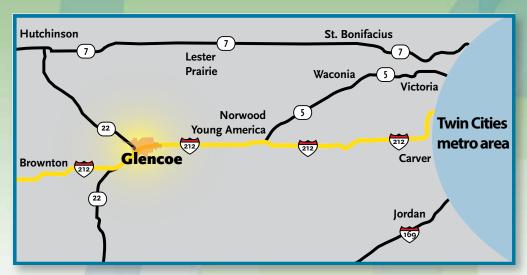
Visitor parking is available at our hospital entrance at 1805 Hennepin Ave. N. Additional parking is also available by the entrance to GlenFields Living with Care, our skilled nursing facility, at 2015 Hennepin Ave. N.

# Transitional Care

Information for patients and their families



Glencoe Regional Health Services



1805 Hennepin Avenue North • Glencoe, MN 55336 320-864-7719 or toll free 1-888-526-4242, ext. 7719 grhsonline.org/transitional-care









Glencoe Regional Health Services



Transitional care offers a step between acute care and home for patients recovering from illness, injury or surgery.

Our team collaborates to help you on your road to recovery.



# Multidisciplinary care team

We work together to help you achieve your goals for recovery. Our team includes: a transitional care medical director; hospitalist physicians; adultgeriatric nurse practitioner; skilled nursing staff; physical, occupational, speech and respiratory therapists; social workers; pharmacists; dietitians and therapeutic recreation specialists.

# Patient-centered approach

Our care team works with you to design a treatment plan that addresses your unique physical and social needs. Together, we will work toward specific, measurable goals designed to help you successfully transition to self-care at home and minimize the chance that you'll be readmitted to a hospital.

# Focus on quality

We monitor patient satisfaction and track our performance against evidence-based standards of care. To learn more, visit grhsonline.org/transitional-care.

We match the level of nursing care to your

needs and maximize the value of your

insurance coverage. Patients who need

more complex care will stay in our hospital

transitional care unit (TCU). Patients who

are more independent, who require lower

levels of nursing care, and/or whose

insurance benefits require a nursing home

setting will stay in our skilled nursing

If you are staying in our hospital TCU,

your entire care team will meet with you

and your family once a week to discuss

your goals and answer your questions.

A nurse will call you at home to check on

you after discharge and follow up with

your health care provider as needed.

facility, GlenFields Living with Care.

**Emphasis on communication** 

# Full access to hospital services

A physician and nurse practitioner are on duty each day to address the needs of hospitalized TCU patients and participate in weekly care conferences. They are backed by our emergency room, which is certified as a Level IV trauma center. Lab and imaging services are available at a moment's notice.

#### Optimized nursing care Advanced wound care

If you have a wound that has not healed, your treatment plan may include specialized wound care in our hospital TCU or our Center for Advanced Wound Care. Debridement, compression therapy and hyperbaric oxygen therapy are among the advanced techniques we may use to heal your wound.

#### **Ventilator care and liberation**

If you are on a ventilator when you are admitted, we will provide specialized care and support to help you become liberated from it. Over time, you may regain the ability to breathe, swallow, eat and speak on your own. This process is usually successful, but in the event it is not, we will help you prepare to live well with a ventilator.

# Daily on-site rehabilitation

You may receive up to three hours of physical, occupational and/or speech therapy per day, six days per week. Depending on your needs, therapy may be provided in our fully-equipped rehabilitation department or in your room.

# **Specialized equipment**

We provide walkers, wheelchairs, recliners, special mattresses and other adaptive devices to support you throughout your transitional care stay, making changes as your needs evolve.

#### **Comfortable surroundings**

Patients staying in our hospital TCU will enjoy private rooms that include a modern bath with shower, flat-screen television with cable, free wireless Internet access and room-service dining. A dedicated lounge features a kitchenette, upholstered seating and a private meeting room.

Patients staying in our skilled nursing facility will have a private room with a personal flat-screen television with cable, free wireless Internet access, meals in our household dining room and use of our living rooms and private dining rooms for entertaining visitors. Please bring photos and other items from home for your comfort and to help our staff get to know you.

# Independence

If your condition permits, we will encourage you to dress in your own clothes and perform your own personal care each day. You may move about our campus as you like to take advantage of amenities, build strength and increase coordination.

# **On-site conveniences**

You and your visitors are welcome to attend worship services in our chapel. You may enjoy getting a haircut or style in our salon, or dining in our cafeteria. Our continental breakfast, hot lunch and full dinner are delicious, inexpensive and served daily.



Intensive therapy will keep your recovery on track.

# **Small community setting**

Located just 50 minutes west of the Twin Cities, Glencoe Regional Health Services is easily accessible from Highway 212 and offers all the simple pleasures of a small-town setting. The streets are easy to navigate, traffic jams are nonexistent and you'll never pay to park in a ramp. Our local motel, shops and restaurants are convenient and affordable.

Additional shopping and entertainment options are available a short drive to the northwest in Hutchinson or to the east in Waconia.

Quality, convenience and personal care