



# Glencoe Regional Health Services

Week of **November 12 - 18**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Malt O Meal Poached Egg Bacon	Cream of Wheat Scrambled Eggs Ham	Oatmeal Hard Boiled Egg Scone	Malt O Meal Fried Egg Sausage Patty	Cream of Wheat Poached Egg Toasted English Muffin	Oatmeal Scrambled Eggs Waffle Sticks	Malt O Meal Hard Boiled Egg Blueberry Muffin
	**** Daily breakfast items include: wheat toast, cold cereal, yogurt, prunes and bananas ****						
Lunch	Ribs & Sauerkraut Baked Potato Corn  Taco Salad	Bake 'n Broil Fish Au Gratin Potatoes Brussels Sprouts  Cranberry Turkey Pasta Salad  Raw Baby Carrots	Chicken Parmesan over Noodles with Marinara Sauce  Parslied Cauliflower  Beef Brisket on a Bun Picked Beets	Beef Stroganoff Sliced Carrots  Turkey Burger on a Bun  Steak Fries  Whole Green Beans	Pork Chow Mein Rice & Noodles  Lemon Baked Fish Mashed Potatoes Capri Blend Vegetables	Grilled Chicken Breast  Scalloped Potatoes  Scandinavian Blend Vegetables  Pizza Burger on a Bun Peas Dinner Roll	Smothered Steak Mashed Potatoes Oriental Blend Vegetables  Cranberry Glazed Pork Chop  Red Cabbage
	Supper	Scalloped Potatoes and Ham Asparagus  Chicken and Swiss Wrap Chips Pickle Spear	Hotdog on a Bun Broccoli Coleslaw  Three Cheese Baked Ziti  Peas & Pearl Onions	Mock Crab Salad on a Croissant Three Bean Salad  Sauerkraut Hotdish Cream Style Corn	Chicken Cordon Bleu Hotdish Italian Blend Vegetables  Submarine Sandwich with Lettuce Leaf, Tomato Slices, and Pickle Slices	Swedish Meatballs Mashed Potatoes Mixed Vegetables  Broccoli and Cheese Egg Bake	Beef Vegetable Hotdish  Cooked Baby Carrots  Ham and Swiss Sandwich on Wheat  Cherry Gelatin
Soup		Cup of Chicken Dumpling Soup	Cup of Cream of Asparagus Soup	Cup of Chicken Noodle Soup	Cup of Cream of Broccoli Soup	Cup of Wisconsin Cheese Soup	Cup of Chicken Wild Rice Soup
Fruit & Dessert of the Day	Cantaloupe Ice Cream Seven Layer Bar	Green Grapes Ice Cream Rhubarb Crisp	Honeydew Ice Cream Brownies	Red Grapes Ice Cream Peanut Butter Cookie	Watermelon Sherbet Blueberry Cream Cheese Dessert	Pineapple Ice Cream Lemon Bars	Strawberries Ice Cream Pie