



Glencoe Regional Health Services

Week of 10/16 to 10/22

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Cream of Wheat Fried Egg Sausage Patty	Oatmeal Hard Boiled Egg French Toast Ham	Malt O Meal Poached Egg Apple Cinnamon Muffin	Cream of Wheat Scrambled Eggs Sausage Links	Oatmeal Fried Egg Blueberry Muffin	Malt O Meal Poached Egg Cinnamon Roll	Cream of Wheat Hard Boiled Egg Banana Bread
	**** Daily breakfast items include: wheat toast, cold cereal, yogurt, prunes and bananas ****						
Lunch	Spaghetti with Meat Sauce Italian Blend Vegetables Garlic Bread Ham & Cheese Pasta Salad Peas	Roast Pork Mashed Potatoes Gravy Harvard Beets Beef Stir Fry over Rice	Salmon Fillet Au Gratin Potatoes Sliced Carrots Breaded Chicken Mashed Potatoes Gravy Whole Kernel Corn	Beef Tips with Gravy Mashed Potatoes Southern Style Green Beans Chicken Quesadilla with Salsa and Lettuce	Tuna Macaroni Salad Raw Baby Carrots Philly Steak Sandwich with Sauteed Vegetables Steamed Cauliflower	Chicken Drumsticks Mashed Potatoes Gravy Normandy Blend Vegetables Brat Patty on a Bun Sauerkraut	Italian Beef Mashed Potatoes Mixed Vegetables Turkey Tetrazzini Rutabegas Dinner Roll
Supper	Chicken Pot Pie Fluffy Fruit Salad Chef's Salad Breadstick	Cabbage Beef Casserole Broccoli Tuna Salad on a Bun Sliced Tomatoes	Potato Pancakes Breakfast Patty Tropical Ambrosia Beef Tomato Hotdish Scandinavian Blend Vegetables	Glazed Chicken over Rice Wax Beans Pizza Burger on a Bun	Ham and Potato Casserole Broccoli Salad Fish on a Bun Potato Salad	Pizza Hotdish Garlic Bread Cold Cut Sandwich Crispy Cucumber Salad	Chicken Salad Croissant Cherry Tomatoes Cheese Manicotti Whole Green Beans
Soup	Cup of Broccoli Cheese Soup	Cup of Split Pea Soup	Cup of Chicken Dumpling Soup	Cup of Cream of Asparagus Soup	Cup of Chicken Noodle Soup	Cup of Cream of Broccoli Soup	Cup of Vegetable Beef Soup
Fruit & Dessert of the Day	Fresh Strawberries Ice Cream Earthquake Cake	Fresh Orange Slices Ice Cream Homemade Custard	Applesauce Ice Cream Mint Brownie	Fresh Cantaloupe Ice Cream Banana Bar	Pineapple Tidbits Sherbet Lime Mousse	Peach Slices Ice Cream Chocolate Cherry Bar	Banana Ice Cream Pie