



Glencoe Regional Health Services

Week of April 16-22

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Oatmeal Poached Egg Ham Slice Pancakes	Malt O Meal Fried Egg Sausage Patty	Cream of Wheat Hard Boiled Egg Long John	Oatmeal Scrambled Eggs Bacon	Malt O Meal Fried Egg Sausage Links	Cream of Wheat Hard Boiled Egg Chocolate Chip Muffin	Oatmeal Scrambled Eggs Banana Bread
	**** Daily breakfast items include: wheat toast, cold cereal, yogurt, prunes and bananas ****						
Lunch	Swedish Meatballs Mashed Potatoes Scandinavian Blend Vegetables King Ranch Casserole Rutabegas	Beef Chow Mein with Rice and Noodles Bake 'n Broil Fish Red Seasoned Potatoes Peas & Carrots	Breaded Chicken Mashed Potatoes and Gravy Special Spinach Ham and Cheese Egg Bake Broccoli	BBQ Ribs Baked Potato Dilled Carrots Chicken Fajita Wax Beans	Beef Stroganoff Noodles Squash Breaded Salmon Patty Parsley Potatoes Green Beans	Pork Chop in Gravy Mashed Potatoes Gravy Beets Beef Stir Fry over Rice Heavenly Pink Salad	Shepherds Pie Dinner Roll Chicken Kiev Garden Blend Rice Scandinavian Blend Vegetables
Supper	Lasagna Parsley Cauliflower Breadsticks Chef's Salad Cottage Cheese & Peaches	Hamburger Rice Hotdish Cream Style Corn Sub Sandwich with Lettuce Leaf, Tomato Slices, and Pickle Slices	Homemade Chili Cornbread Muffin Turkey Croissant Sandwich Glazed Carrots Creamy Orange Fluff	Baked Ham Mashed Potatoes Asparagus Pizza Layered Lettuce Salad	Chicken Tenders Steak Fries Peas Cheese Egg Bake English Muffin Toast	Turkey Fillet Mashed Potatoes & Gravy Mixed Vegetables Tuna Salad on a Wheat Bun	Stuffed Green Pepper Italian Blend Vegetables Hot Dog on a Bun Baked Beans
Soup	Cup of Split Pea and Ham Soup	Cup of Chicken Dumpling Soup	Cup of Cream of Asparagus Soup	Cup of Chicken Noodle Soup	Cup of Cream of Broccoli Soup	Cup of Vegetable Beef Soup	Cup of Chicken Wild Rice Soup
Fruit & Dessert of the Day	Peaches Ice Cream Éclair Dessert	Fruit Cocktail Ice Cream Pumpkin Bar	Cantaloupe Ice Cream Fresh Baked Cookie	Applesauce Ice Cream Creamy Rice	Mandarin Oranges Sherbet Mint Brownie	Banana Half Ice Cream Sour Cream Raisin Bar	Pineapple Tidbits Ice Cream Pie